SSTA

SCOTTISH SECONDARY TEACHERS' ASSOCIATION
WORKLOAD SURVEY 2009/10

Please choose any week between 1 March and 28 March and complete the survey either on the sheet or online at the SSTA Website:- www.ssta.org.uk/wls2010. This should take no longer than 5 minutes to complete.

Week survey completed:	

	How long was your working day in hours?		**Did you have a break?** Y, P (part) or N		**Was any day particularly stressful?** (please tick and add comment)	
	in school	**at home**	**interval**	**lunchtime**	**stressful**	**cause**
Mon						
Tue						
Wed						
Thu						
Fri						
Sat						
Sun						
example	8hrs 15min	2 hrs	p	n	X	discipline

How long was you working week? (Full-Time = 1.0FTE, 1day = 0.2FTE)	

Amount of Class Contact Time -	
Number of Periods	
Average length of periods in minutes	

1) If there is any particular incident that has caused you stress please give details of it here.	
2) Is there a particular event or task (at any time of the year) which greatly increases your workload ?	
If so, please give a brief description and estimate additional number of hours	No. of Hours: